

LANGHAM PLACE

MONGKOK, HONG KONG

WHAT YOU NEED

- 625g Alpen muesli
- 450g dried apple
- 50g honey
- 200g green grape
- 100g milk
- 50g plain yoghurt
- 2 chopped bananas
- 100g chopped almonds

HOW TO DO IT

Mix all ingredients together,
leave over night in fridge and enjoy.



Bircher muesli (10 portions)